

## 2-year Advanced Professional Practitioner - Professional Healing Energy Therapist (PHET) Diploma

### Beingness Institute 5 Days In-Class Proposed General Curriculum Schedule Per Subject

|       | Day 1  | Day 2  | Day 3  | Day 4  | Day 5  |
|-------|--|--|--|--|--|
| 07:00 | Movement (MT) - 1 hour Yoga, Tai chi, Chi Gong, Physical exercises, Hara, etc.   | Movement (MT) - 1 hour Yoga, Tai chi, Chi Gong, Physical exercises, Hara, etc.   | Movement (MT) - 1 hour Yoga, Tai chi, Chi Gong, Physical exercises, Hara, etc.                   | Movement (MT) - 1 hour Yoga, Tai chi, Chi Gong, Physical exercises, Hara, etc.         | Movement (MT) - 1 hour Yoga, Tai chi, Chi Gong, Physical exercises, Hara, etc.           |
| 07:30 |  |  |  |  |  |
| 08:00 | Social & Communal Development (SCD) - 1 hour                                     | Subtle Energy Facilitation Techniques (SEFT) - 1 hour  | Client-Practitioner Psychotherapeutic Facilitation Practice and Supervision (CPPFPS) 3 hours     | Group Process Facilitation Practice and Supervision (GPFPS) - 2 hours                  | Social & Communal Development (SCD) - 1 hour   |
| 08:30 |  |  |  |  |  |
| 09:00 | Healing Energy Awareness Concepts & Principles (HEACP) 3 hours                   | Paranormal Abilities Techniques (PAT) - 1 hour   | Quantitative & Qualitative Research - Organic, Intuitive and Integrative Inquiry - (RS) - 1 hour | Psycho Pathology 2 hours   | Clinical Practice (CP) Healings 2 hours  |
| 09:30 |  | Extra Sensory Perception Techniques (ESPT) - 1 hour  |  |  |  |
| 10:00 |  |  |  |  |  |
| 10:30 |  |  |  |  |  |
| 11:00 |  |  |  |  |  |
| 11:30 | Lunch - 2 hours  | Lunch - 2 hours  | Lunch - 2 hours  | Lunch - 2 hours  | Professional Development, Transformation & Wellbeing (PDTW) + EQs- Experiential - 1 hour |
| 12:00 |  |  |  |  |  |
| 12:30 |  |  |  |  |  |
| 13:00 |  |  |  |  |  |
| 13:30 |  |  |  |  |  |
| 14:00 | Meditation (MCM) - 30 minutes  | Meditation (MCM) - 30 minutes  | Meditation (MCM) - 30 minutes  | Meditation (MCM) - 30 minutes  | Meditation (MCM) - 30 minutes  |
| 14:30 | Client-Practitioner Relational Dynamics (CFRD) - 1 hour                          | Client-Practitioner Psychotherapeutic Facilitation Practice and Supervision (CPPFPS) - 2.5 hours                                       | Creating Self-Care & Wellness (CSCW) - 1.5 hours   | Subtle Energy & Psychological Concepts and Principles of Emotions (SEPCPE) - 1.5 hours | Group Psychotherapeutic Process (GPP) - Closing - 1.5 hour                               |
| 15:00 |  |  |  |  |  |
| 15:30 | Group Process Facilitation Practice and Supervision (GPFPS) 2.5 hours            | 1. Presentation Techniques Class 1 - 2. Ecopsychology Class 2 - 3. Mediation class 3 - 4. Conflict Resolution class 4 (RPPTD) - 1 hour | Creative Arts & Play Therapy (CAPT) 2 hours  | Group Psychotherapeutic Process (GPP) 2 hours  |  |
| 16:00 |  |  |  |  |  |
| 16:30 |  |  |  |  |  |
| 17:00 |  |  |  |  |  |
| 17:30 |  |  |  |  |  |
| 18:00 | Dinner - 2 hours   | Dinner - 2 hours   | Dinner - 2 hours   | Dinner - 2 hours   |  |
| 18:30 |  |  |  |  |  |
| 19:00 |  |  |  |  |  |
| 19:30 |  |  |  |  |  |
| 20:00 |  |  |  |  |  |
| 20:30 | Traditional, Complementary & Conventional Medicine Integration (TCCMI) - 2 hours | Traditional, Complementary & Conventional Medicine Integration (TCCMI) - 2 hours   | Social & Communal Development (SCD) - 2 hours  |  |  |
| 21:00 |  |  |  |  |  |
| 21:30 |  |  |  |  |  |
| 22:00 |  |  |  |  |  |

#### Schedule NOTES

- **49 hours** total scheduled during 5 days for each in-class on-site week.
- An average of **37 segments** during each in-class week.
- Morning (MT) and evening (TCCMI) modules do not have to be attended. Students will be able to listen to the recorded MT & TCCMI lectures on the web site on their own time.
- Breaks are included in the segments. The general rule is that 10 minutes per segment hour can be allocated for breaks.