

THE BEINGNESS INSTITUTE

GLOSSARY

A

Absolute: adds emphasis, possessing unlimited power, unequivocal, independent and unmodifiable, independent of sentence syntax, without direct object, for an unconditional, owned outright, without variables

Acupuncture: treatment with needles following subtle energy vortices (acupuncture points) and subtle energy channels (meridians) in the physical body. Asian culture.

Allness: whole of everything, eastern philosophical, spiritual aspect of the wholeness of everything and nothing

Altered State of Consciousness: An altered state of consciousness is any mental state induced by physiological, psychological, or pharmacological manoeuvres or agents, which deviates from the normal waking state of consciousness

Archetypes: typical specimen, original model, image from collective unconscious, recurring symbol

Astral Projection: Ability to spiritually separate from the body and travel vast distances with the mind alone

B

Beaming: line of light, flow of radiation, guiding signal

Beingness: Existence, essential nature, the quality, state, or condition of having existence

Bilocation: ability to be in two places at the same time.

C

Clairaudience: extra-sensory perception wherein a person acquires information by paranormal auditory means, guidance

Clairsentience: extra-sensory perception wherein a person acquires psychic knowledge primarily by feeling, physical, emotional, intuition, all ESP senses together

Clairvoyance: seeing what is not normally seen, divining, prophecy, visions, future, past lives

Cognitive: concerned with acquisition of knowledge, reasoning, mental, intellectual, cerebral rational

Contemplation: it is a state of being totally aware of the present moment, having something as a possible intention, considering something, thinking about spiritual matters, looking up something thoughtfully

Conventional: socially accepted, usual or established, of gathering of people, based on consent

Cosmic: our whole universe as perceived by human beings, of universe apart from earth, enormous

Criteria: standard for judging things, conditions, norms, measures, principles, reasons

D

Destiny: somebody's preordained future, inner realisable purpose of life, something that predetermines events

E

Effortless: done with no effort, unforced, easy, unproblematic, graceful, natural, uncomplicated, painless

Ego: self-esteem, inflated opinion of self, part of me and containing consciousness, self

Egoless: without an ego

Electromagnetism: magnetism from electric currents, interaction of electromagnetic forces

Emanating: to come from, to send out

Empowerment: give authority to somebody, make more confident or assertive, enabling

Enablement: provide somebody with means

Enabling: confirming legal power, allowing, empowering, aiding, assisting, supporting, facilitating

Enlightenment: achievement of spiritual state

Entelechy: for existence, life giving force

Epistemology: the branch of philosophy concerned with the theory of knowledge. Epistemology studies the nature of knowledge, the rationality of belief, and justification. Much of the debate in epistemology centers on four areas: (1) the philosophical analysis of the nature of knowledge and how it relates to such concepts as

truth, belief, and justification, (2) various problems of skepticism, (3) the sources and scope of knowledge and justified belief, and (4) the criteria for knowledge and justification.

Esoteric: restricted to initiates, secret, mysterious, occult, obscure, new age

Ethology: study of animal behavioural patterns

Ethological: in relationship to animal behavioural patterns

Expertise: expert skill or knowledge, know how, skill, knowledge, proficiency, capability

F

Facilitation: easing, simplification, enablement, enabling, assistance, help, the process of making something easy or easier

Facilitator: organizer, architect, implementer, enabler, helper, originator, initiator, catalyst, mediator, somebody who enables a process to happen, especially someone who encourages people to find their own solutions to problems or task or creative abilities

Filament: slender strand or fibre

Forum: place to express yourself, meeting for discussion

Fraud: crime of cheating somebody, somebody who deceives, something intended to deceive

H

Handicap: hindrance

Hindrance: something in the way, obstruction of progress, interference, interruption

Hermeneutics: the theory and methodology of interpretation, especially the interpretation of biblical texts, wisdom literature, and philosophical texts. Modern hermeneutics includes both verbal and non-verbal communication as well as semiotics, presuppositions, and pre-understandings.

Holographic: process of making or are using holograms

Hologram: three-dimensional photographic image

Humanistic: belief in Human based morality, concern for people

I

Individuation: act of making separate, process of psychological development

Ineffable: indescribable

Innate: present from birth, integral, coming from mind

Integrative: make something open to all, fit in with group, make into whole

K

Kinesthesia: proprioception, the sense of the relative position of neighbouring parts of the body and strength of effort being employed in movement

Karma: actions determining a future state, atmosphere, destiny

M

Meditation: emptying or concentration of mind, no thoughts, pondering of something, the serious study of a topic. Is when attention is focused on an object, sense, image, or idea. Meditation has the strongest effect sizes in terms of its impact on negative emotions, state and trait anxiety, neuroticism, self-realization, and learning and memory

Meridian: line of acupuncture points

Mindfulness: aware. Is when there is attention but non-attachment to the field of experience. Mindfulness may have a strong effect on self-concept and in the reduction of features of personality. Defined as paying attention nonjudgmentally in the present moment and on purpose

Mystical: with divine meaning, with supernatural significance, mysterious, numinous, magical, spiritual, transcendent

Mysticism: belief in intuitive spiritual revelation, spiritual system

N

Neuroticism: a higher-order personality trait in the study of psychology characterized by anxiety, fear, moodiness, worry, envy, frustration, jealousy, and loneliness

Newtonian: of classical mechanics, which is concerned with the set of physical laws describing the motion of bodies under the influence of a system of forces

Numinous: mysteriously associated with deity, Holy

O

Objective: free of bias, based on facts, observable, existing independently of mind

Omniscience: the capacity to know everything

Omniscient: all knowing

Ontological: of ontology

Ontology: study of existence, theory of existence

P

Paranormal: impossible to explain scientifically, mystical, supernatural, psychic, miraculous

Parapsychological: of unexplained mental phenomena

Pejoratively: expressing disapproval, negatively, critically, judgementally, harshly, scornfully

Placebo: prescription without physical effect, with an inactive substance

Postcognition: ability to see an event after it has occurred, re-enactment of an event

Precognition: ability to foresee events

Premise: basis of argument, principal, foundation, evidence

Pretence: insincere or feigned behaviour, unwarranted claim, make-believe, same as pretension

Proprioception: the unconscious perception of movement and spatial orientation arising from stimuli within the body itself

Psychodynamics: interaction of emotional forces, inner forces affecting behaviour

Psychometry: ability to "read" information from objects

Purposefulness: determined, having a goal, commitment, tenacity, devotion, dedication, drive, persistence, perseverance

Pyrokinesis: ability to ignite or extinguish fires with the mind

Q

Quackery: deception, trickery, dishonesty, fraud, deceit, charlatanism

Qualitative: relating to quality

Quantifiable: determine number or extent of something, show range of reference of something

Quantitative: relating to quantity, measurable

Quantum: smallest quantity of energy; smallest unit, quantity, particular amount

Quantum physics: is a fundamental branch of physics concerned with processes involving, for example, atoms and photons. In such processes, said to be quantized, the action has been observed to be only in integer multiples of the Planck constant, a physical quantity that is exceedingly, indeed perhaps ultimately, small. This is utterly inexplicable in classical physics

R

Radiance: happiness or energy, light, measure of radiant energy

Realm: scope of something, area of interest, kingdom

S

Sagacity: level-headedness, wisdom, knowledge, erudition, understanding, intelligence, perceptiveness, insight, discernment, prudence

Sentient: conscious, responding with feeling, emotional, sensitive, perceptive, feeling, sentimental

Shamanism: is a practice that involves a practitioner reaching altered states of consciousness to perceive and interact with a spirit world and channel these transcendental energies into this world

Somatic: affecting body as distinct from mind, relating to outer walls of body

Subjective: not impartial, existing by perception, observed only by patient

T

Telekinesis: also known as Psychokinesis, power to move things without touching them

Telepathy: extrasensory psychic communication, thought transference, mind reading

Transcendence: go beyond limits, surpass something, be independent of the world

Transpersonal: used by different schools of philosophy and psychology to describe experiences and worldviews that extend beyond the personal level of the psyche, and beyond mundane worldly events

U

Ubiquitous: existing everywhere

Uniqueness: only one, special, limited to somebody or something, individuality, exclusivity, exceptionality, distinctiveness

V

Vigour: energy, dynamism, drive, vitality, force, strength, heartiness, verve, enthusiasm, vivacity

Vortex: whirling mass, spiral of energy

W

Wellbeing: happiness, joy, bliss, comfort, security, good, welfare, safety, health

Wholeness: entire, undivided, relating to duration or extent, unbroken, unimpaired, healed or healthy

Wisdom: good sense, wise decision, accumulated learning, opinion widely held, knowledge, insight, understanding, sagacity, intelligence, good judgement